



Arlington Heights Nursery School

Established 1965

## What to Bring to School

### **Toddlers, Preschoolers and Pre-K Children:**

- A complete change of seasonally appropriate clothes, including underwear and socks
- Seasonal outerwear and footwear (i.e. boots, snow pants/snowsuit, jacket, hat, mittens in winter: sunhat, bathing suit, closed-toe water shoes in summer: rain boots and raincoat in rainy weather)
- Diapers (*Desitin Rapid Relief Diaper Cream* is provided with consent. If you prefer a different brand, please make sure to complete a *Medication Consent Form*)
- A bag to carry art work home, lunch box and when the time comes, for winter gear as well. Backpacks are preferred. Please make sure your child's name is on the OUTSIDE of the bag. **Cubby space is limited, so please do not send in a large wheeled backpack – they don't fit!**
- If your child will be staying for rest at school: a *small* stuffed animal if they like to rest with, an extra large crib sized sheet and *small* blanket
- If your child stays for lunch: a lunch box with nut-free lunch and drink
- Sturdy, **closed-toe shoes/sandals** (no open-toed sandals or flip-flops) and play clothes that are easy for them to use - no belts, difficult buttons or clasps

### **Infants:**

- 2-3 complete changes of clothes, including socks
- Seasonal outerwear and footwear (i.e. boots, snow pants/snowsuit, jacket, hat, mittens in winter: sunhat, bathing suit, closed-toe water shoes in summer: rain boots and raincoat in rainy weather)
- 1-2 sleep sacks
- 2 crib sheets
- 2 pacifiers, if they use one
- Diapers (*Desitin Rapid Relief Diaper Cream* is provided with consent. If you prefer a different brand, please make sure to complete a *Medication Consent Form*)
- Milk/formula: Please provide prepared bottles of milk/formula for the entire day, with at least a one day supply that can be stored in bags in our freezer, or formula with an extra container stored at school
- Food: unopened jarred food, box of cereal, and finger foods, if appropriate, and at least one day supply of extra food at school

### **PLEASE LABEL EVERYTHING YOU BRING TO SCHOOL!**

Every item of clothing, your child's lunchbox, and even the tiniest container you send in your child's lunchbox, must be labeled. You can use a sharpie or buy personalized labels from an online company like **Stuck On You Labels** or **Mabel's Labels**.

For those who like to plan and shop ahead: when the cold weather arrives, your child will need outerwear for playing outside, including snow pants or snowsuit, warm jacket, hat, mittens (**not gloves**), and boots that are easy to put on and off. Many families like to send in slippers for those days when children wear boots to school. Slippers should have a sturdy sole and be safe for children to walk, run and climb while wearing them.

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